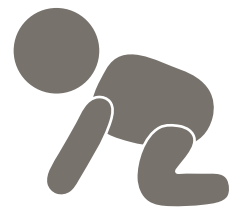


Infants + the 3Ts



You build your baby's brain!

Babies aren't born smart. They're made smart by their parents talking and interacting with them.

Now is the time to use the 3Ts to build your baby's brain.

The 3Ts

The 3Ts look a little different at different stages.



Respond to what you think your baby is communicating.



Look for opportunities to talk and interact with your baby.



Have a conversation with your baby.

Just think of how many connections you're building in your baby's brain!



Start now, Here's how!



Newborns



- *Respond* to your baby's cries by telling him what you think he's communicating.
- *Read* a book with your baby to prepare him to learn language.
- *Talk* with your baby during daily routines by telling him what you're doing as you're doing it.
- *Sing* a song to your baby—he loves to hear your voice.
- *Snuggle* with your baby every chance you get.

2 months old



- *Respond* to your baby's cries by telling him what you think he's communicating.
- *Use the 3Ts* with your baby during tummy time by describing what he's seeing and doing.
- *Talk More* with your baby during daily routines by telling him what you're doing as you're doing it.
- *Take Turns* with your baby by repeating the sounds he makes and giving him time to respond.
- *Snuggle* with your baby every chance you get.

4 months old



- *Respond* to your baby's cries by telling him what you think he's communicating.
- *Talk* with your baby during active playtime by talking about what he's seeing and doing.
- *Read* with your baby during quiet playtime. He loves to listen to your voice.
- *Play Peekaboo* with your baby and see long you can keep the turns going.
- *Snuggle* with your baby every chance you get.

6 months old



- *Respond* to your baby by putting words to what you think he's communicating.
- *Talk* with your baby by describing his new skills.
- *Read* a book with your baby every night at bedtime.
- *Practice* the 3Ts with your baby during mealtime.
- *Snuggle* with your baby every chance you get.

