**You build your baby’s brain!**

Babies aren’t born smart. They’re made smart by their parents talking and interacting with them.

Now is the time to use the 3Ts to build your baby’s brain.

**The 3Ts**

The 3Ts look a little different at different stages.

- **Respond to what you think your baby is communicating.**
- **Look for opportunities to talk and interact with your baby.**
- **Have a conversation with your baby.**

Just think of how many connections you’re building in your baby’s brain!
Start now, Here’s how!

**Newborns**
- **Respond** to your baby’s cries by telling him what you think he’s communicating.
- **Read** a book with your baby to prepare him to learn language.
- **Talk** with your baby during daily routines by telling him what you’re doing as you’re doing it.
- **Sing** a song to your baby—he loves to hear your voice.
- **Snuggle** with your baby every chance you get.

**2 months old**
- **Respond** to your baby’s cries by telling him what you think he’s communicating.
- **Use the 3Ts** with your baby during tummy time by describing what he’s seeing and doing.
- **Talk More** with your baby during daily routines by telling him what you’re doing as you’re doing it.
- **Take Turns** with your baby by repeating the sounds he makes and giving him time to respond.
- **Snuggle** with your baby every chance you get.

**4 months old**
- **Respond** to your baby’s cries by telling him what you think he’s communicating.
- **Talk** with your baby during active playtime by talking about what he’s seeing and doing.
- **Read** with your baby during quiet playtime. He loves to listen to your voice.
- **Play** Peekaboo with your baby and see how long you can keep the turns going.
- **Snuggle** with your baby every chance you get.

**6 months old**
- **Respond** to your baby by putting words to what you think he’s communicating.
- **Talk** with your baby by describing his new skills.
- **Read** a book with your baby every night at bedtime.
- **Practice** the 3Ts with your baby during mealtime.
- **Snuggle** with your baby every chance you get.

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Thirty Million Words