



# 2-3 Year Olds + the 3Ts

## Every word you say builds your child's brain!

Research shows that children do better in school when their parents talk and interact with them from birth. Make the most of your time together by using the 3Ts.



Be in the moment. Respond to what your child is communicating.



Use a wide variety of words.



Engage your child in conversation.

When you use all 3Ts at once, you build the strongest possible brain for your child.

# Start now. Here's how!



## Tune In

- Listen to your child - they may communicate through words, sounds, or gestures.
- Notice what catches your child's attention, and talk about it.
  - *"Look at that tower you're building! You're stacking the blocks so carefully!"*
  - *"You asked for water. Are you feeling thirsty?"*



## Talk More

- Talk, read, or sing with your child - let your child take the lead! You don't need to flip through the pages in order or sing the words just right for your child to learn.
- During play time, describe the colors and textures of their toys, or Math Talk about the number, size, or shape of them.
- Narrate daily routines like getting dressed by talking your child through what they're doing, as they do it.
  - *"Your red truck is bigger than my yellow truck. I have the little truck!"*
  - *"Look at you picking out your clothes by yourself! You chose your shirt, and your pants. Now don't forget socks!"*



## Take Turns

- Ask questions and wait for your child to respond, whether with words or otherwise.
- Pause after asking questions to give your child time to respond.
- Respond to your child to keep the conversation going.
  - *"What do we do when we're done with our snacks? You're right, we wash our hands!"*
  - *"Yes, we can go outside to play! Which toy do you want to bring?"*